



# RESORT ACTIVITIES

## CREATIVELY DESIGNED FOR YOU AND FAMILY

DAY TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07.30 hrs.						FOOD OFFERING TO MONKS ***
08.00 hrs.	STRETCHING CLASS *		STRETCHING CLASS *		STRETCHING CLASS *	
11.00 hrs.		AQUA AEROBIC CLASS***		AQUA AEROBIC CLASS***		AQUA AEROBIC CLASS***
14.00 hrs.	THAI LANGUAGE LESSON CLASS **	RUBBER TREE SEEDS KEYCHAIN MAKING CLASS**	BOTANICAL PAPER DECORATION CLASS ** (WITH FRESH FLOWERS AND LEAVES)	PANDANUS LEAF FOLDING CLASS **	THAI LANGUAGE LESSON CLASS **	
16.30 hrs.	THAI YOGA CLASS *		THAI YOGA CLASS *		THAI YOGA CLASS *	PETANQUE GAME *
16.30 hrs.	BASIC THAI BOXING CLASS *	RUBBER TREE TAPPING CLASS **	BASIC THAI BOXING CLASS *	RUBBER TREE TAPPING CLASS **	BASIC THAI BOXING CLASS *	RUBBER TREE TAPPING CLASS **

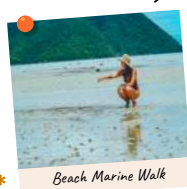
# \* SUNDAY VOLLEYBALL GAME 17.00 HRS

## MUST DO.. FUN SELF - CARE ACTIVITIES

**SUNRISE \***  
(AROUND 06.00 - 06.30 HRS.)



**BOTANICAL WALK \*\***  
(BOOKLET AVAILABLE AT THE ROTUNDA DURING)  
(08.00 - 17.00 HRS.)



**BEACH MARINE WALK \***  
(SUBJECT TO THE TIDE TABLE)

**KAYAKING AND SUP BOARDING \***  
(SUBJECT TO THE TIDE TABLE)

**BICYCLING, FISH FEEDING & MUCH MORE !**

## PRIVATE CLASSES

**THAI BOXING CLASS**  
THB 1,000 NET PER PERSON PER HOUR



**THAI YOGA CLASS**  
THB 1,500 NET PER PERSON PER HOUR

**BRUSH & BEYOND: PAINTING WORKSHOPS**  
Unleash your creativity and transform everyday items into colorful masterpieces!



**\*\*All above price is inclusive of service charge & tax\*\***

### TERMS & CONDITIONS

RESERVATION REQUIRED 1 DAY IN ADVANCE AT 1 TOUCH SERVICE (DIAL 1)  
ALL ACTIVITIES ARE ARRANGED ON A COMPLIMENTARY BASIS (EXCEPT SPECIAL AND PRIVATE CLASSES)  
PLEASE WEAR APPROPRIATE CLOTHING AND FOOTWEAR FOR ALL ACTIVITIES.

**MEET US AT**  
\* BEACHFRONT GARDEN  
\*\* THE ROTUNDA  
\*\*\* MAIN POOL